

# **SUTTON** **Crisis Café**

**Open Monday - Sunday**  
**6.30pm - 11pm**  
**(last admission**  
**10.30pm)**



**We offer an out of hours service for people over 18 whose mental health is becoming overwhelming.**

**The Sutton Crisis Café is open in the evenings to provide a safe, non-clinical and supportive environment to people experiencing a mild to moderate mental health crisis. We offer support as an alternative to attending A&E, or when other services are not available.**

To find out more about the service and what we can offer, visit our website

**NHS**  
Sutton

**[suttoncrisiscafe.org.uk](http://suttoncrisiscafe.org.uk)**  
**or call 0800 012 9082**

  
**SUTTON**  
MENTAL HEALTH  
FOUNDATION

# Where to find us



## Travelling by bus

We are a 5 minute walk from a number of bus stops on routes 80, 164, 280, S1, S3 and S4.

## Travelling by car

On street parking can be used after 6pm, where spaces are available. Pay and display parking is available at The California Pub. More free parking is available in the streets around Belmont Village which is a 5 minute walk away.

## Travelling by train

We are a 5 minute walk from Belmont rail station.

**63 Downs Road, Sutton SM2 5NR**