

# **SUTTON** **Crisis Café**

**Open Monday - Sunday**

**6.30pm - 11pm**

**(last admission**

**10.30pm)**



**We offer an out of hours service for people over 18 whose mental health is becoming overwhelming.**

**The Sutton Crisis Café is open in the evenings to provide a safe, non-clinical, supportive environment to people experiencing a mild to moderate mental health crisis, when other services are not available.**

**To find out more about the service and what we can offer, visit our website**

**NHS**  
Sutton

**[suttoncrisiscafe.org.uk](http://suttoncrisiscafe.org.uk)**  
**or call 0800 012 9082**  
**63 Downs Road SM2 5NR**

  
**SUTTON**  
MENTAL HEALTH  
FOUNDATION