

IN YOUR CORNER

**Sundays are
coming back!**

We will be open every Sunday from October 26th 2025 to March 29th 2026, for people over 18 in Sutton struggling with their mental health during the winter months. We offer an affordable warm meal, a chat and help to get further support if needed.

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11.30 am – 4.30 pm



**Book lunch on
020 8770 0172
smhf.org.uk/inyourcorner**

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