

SUTTON Crisis Café

Out of hours support
for adults (18+)
when things feel
overwhelming



In person: Mon–Sun, 6:30–11pm (last entry 10:30pm)

Phone: Daily, 6–11pm

NEW – Online group: Sat & Sun, 4–6pm

**A safe, welcoming space to talk and get support
if you're experiencing a mental health crisis.**

**An alternative to A&E, especially when other
services are closed.**

**Find out more
suttoncrisiscafe.org.uk
or call 0800 012 9082**

NHS

South West London


**SUTTON
MENTAL HEALTH
FOUNDATION**

Where to find us



Travelling by bus

We are a 5 minute walk from a number of bus stops on routes 80, 420, 280, S1, S3 and S4.

Travelling by car

On street parking can be used after 6pm, where spaces are available. Pay and display parking is available at The California Pub. More free parking is available in the streets around Belmont Village which is a 5 minute walk away.

Travelling by train

We are a 5 minute walk from Belmont rail station.

63 Downs Road, Sutton SM2 5NR